



THE WOLFE INN

• WOLFSCASTLE •

Lunch Menu

Light Bites

THE WOLFE'S FRESHLY BAKED BREAD - £5.50

SERVED WITH THE WOLFE'S SPECIAL OLIVE OIL WHIPPED BUTTER.

Low Gluten option available Vegan option available

SELECTION OF THE FINEST OLIVES - £5.50

BLACK, GREEN AND KALAMATA OLIVES MARINATED IN A LIGHT GARLIC OIL.

Low Gluten option available Vegan option available

TOM'S GARLIC MUSHROOMS - £8.50

GENTLY SAUTÉED MUSHROOMS IN WELSH BUTTER ENRICHED WITH BLACK GARLIC AND DOUBLE CREAM.

SERVED ON TOP OF GRILLED FOCACCIA WITH A SIDE SALAD GARNISH.

Low Gluten option available Vegan option available

THE WOLFE'S SEASONAL HOMEMADE SOUP- £7.50

OUR HOMEMADE SOUPS ARE FRESHLY MADE USING THE SEASONS BEST PRODUCE. SERVED WITH OUR FRESHLY BAKED BREAD AND THE WOLFE'S SPECIAL OLIVE OIL WHIPPED BUTTER.

Low Gluten option available Vegan option available

THE WOLFE'S GARDEN SALAD - £12.50

FRESHLY PICKED SALAD LEAVES LAYERED LOVINGLY WITH THE FINEST OLIVES, CHERRY TOMATOES, MARINATED FETA CHEESE AMONGST OTHER LOCAL SEASONAL PRODUCE. SERVED WITH FRESHLY BAKED BREAD.

Optional Extra - Chicken Breast + £3.95

Low Gluten option available Vegan option available

Suitable for vegetarians. Suitable for vegans. Low Gluten Option

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive.



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Lunch Mains

THE WOLFE'S GRILLED CATCH OF THE DAY - £22.50

THE FINEST FRESHLY LOCAL CAUGHT FISH, COOKED SIMPLY UNDER THE GRILL WITH LEMON AND BUTTER. SERVED WITH SEASONAL WINTER VEGETABLES, LEMON WEDGE AND LIGHTLY ROASTED PEMBROKESHIRE NEW POTATOES.

 Low Gluten option available


PAN SEARED BREAST OF PEMBROKESHIRE CHICKEN - £15.95

SUCCULENT AND TENDER CHICKEN BREAST FINISHED WITH YOUR CHOICE OF HUNTERS BBQ OR GARLIC BUTTER GLAZE, SERVED WITH THIN CUT FRIES AND COLESLAW.

 Low Gluten option available

BEER BATTERED FISH & HOMEMADE TRIPLE COOKED CHIPS - £16.95

CRISP, FRESHLY BATTERED FISH SERVED WITH OUR HOMEMADE TRIPLE COOKED CHIPS, CRUSHED PEAS, HOMEMADE TARTARE SAUCE AND LEMON WEDGE.

 Low Gluten option available

PRENDERGAST BUTCHER'S HAM & CHEDDAR CHEESE GALLEGA TOASTIE - £15.50

FINISHED WITH DIJON MAYO AND ACCOMPANIED BY THIN CUT FRIES AND A SALAD GARNISH.

FINEST "PRENDERGAST GOLD" SAUSAGES - £16.50

AWARD WINNING PRENDERGAST GOLD SAUSAGES ACCOMPANIED BY OUR GARLIC CONFIT MASH, BUTTERED PEAS AND A RICH RED ONION JUS.




FAGGOTS & MASH - £16.50

THE FINEST PRENDERGAST BUTCHERS FAGGOTS, SERVED WITH GARLIC CONFIT MASH, BUTTERED PEAS AND A RICH RED ONION JUS.

VEGETABLE TOMATO RAGU - £15.95

MEDITERRANEAN VEGETABLES TOSSED IN A RICH TOMATO RAGU SERVED ON A BED OF TAGLIATELLE WITH GRILLED CHERRY TOMATOES AND TENDERSTEM BROCCOLI.

 Vegan option available

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Lunch Mains

PORK SCHNITZEL - £17.95

BREADED LOIN OF PORK COOKED TO CRISPY PERFECTION AND SERVED WITH SKIN ON FRIES, SIDE SALAD AND CRANBERRY SAUCE.

THE WOLFE BURGER - £16.50

PRIME BEEF BURGER SUPPLIED BY PEMBROKESHIRE'S BEST BUTCHERS. SERVED WITH LOCAL CRISPY SMOKED BACON, MONTY JACK CHEESE, GHERKIN, GEM LETTUCE, TOMATO, MUSTARD, AND OUR OWN HOMEMADE BACON JAM. INCLUDES FRESH THIN CUT FRIES AND OUR HOMEMADE COLESLAW.

Double up on your Wolfe Burger for only - £3.95

THE WOLFE'S BUTTERMILK CHICKEN BURGER - £16.50

THE FINEST CHICKEN BREAST MARINATED IN BUTTERMILK AND COATED TO ORDER IN OUR SPECIAL BLEND OF HERBS AND SPICES. SERVED WITH CRISPY SMOKED BACON, CONFIT GARLIC MAYONNAISE AND MONTY JACK CHEESE. INCLUDES THIN CUT FRIES AND OUR HOMEMADE COLESLAW.

SPICED MEXICAN BEAN BURGER - £16.50

RICH AND FLAVORFUL MEXICAN BEAN BURGER SERVED WITH PICO DE GALLO MAYONNAISE, BABY GEM LETTUCE AND TOMATO. SERVED WITH OUR THIN CUT FRIES AND COLESLAW.

 *Vegan option available*

Sides

HOMEMADE TRIPLE COOKED CHIPS - £5.50  




THIN CUT FRIES - £4.00  

BEER BATTERED ONION RINGS - £4.50

GARLIC BREAD - £5.00

CHEESY GARLIC BREAD - £6.00

SIDE HOUSE SALAD - £4.50  

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